



What to Expect the Day of Your Procedure

- **Arrive 2 Hours Prior to Your Scheduled Procedure**

When you arrive, you may be asked to fill out some paperwork at the registration desk. Someone from the Short Stay team will have you change into a gown, and confirm that you have followed all pre-procedural instructions to ensure you are prepared for your endoscopic procedure. You will be connected to a monitor to check your vital signs, and the nurse will start an intravenous (IV) line to prepare you to receive medications that will sedate you throughout the procedure.

- **Consult**

Before entering the procedure room, you will speak with an anesthesiologist to discuss the type of sedation you will receive, what to expect, and answer any questions you may have. Your GI doctor will also speak with you prior to the procedure to review any changes since they last saw you, and answer any questions you may have.

- **Endoscopic Procedure**

After your anesthesia consultation, you will be brought into the procedure room and helped into position on the treatment bed. The GI team will confirm the procedure you are having, and answer any questions you may have. You will be given oxygen with a mask or small tubes just inside your nose. Once everyone is situated, you will receive sedating medication through your IV and the procedure will begin. Throughout the procedure, you may be able to respond to verbal and physical prompts, but the sedation will keep you from feeling any physical discomfort. Depending on the type of procedure, it may take up to 1 hour to complete.

- **Recovery**

You will be brought back to the Short Stay area once the procedure is completed so you can be monitored. You may feel a little sleepy from the sedation which is normal. Once the doctor determines you are cleared to go home and your transportation arrives, you will be able to go home. You must arrange for someone to pick you up from Hilo Medical Center on the day of your procedure since we cannot allow you to leave unless we are sure you can get home safely.

[EGD-post-procedure-instructions](#)

[Colon-post-procedure-instructions](#)

[Colon EGD-post-procedure-instructions](#)